

Get-A-Grip Invitational
Hosted by Legacy Gymnastics
Saturday December 12th

Session 1: ALL Level 5 Gymnasts

9:00 AM – Open Stretch

9:20-12:00 – Competition

12:00 – Awards

Alabama State Board Meeting

12:00 -1:30

Session 2: ALL Level 4 Gymnasts

1:30 PM – Open Stretch

1:50-4:30 – Competition

4:30 – Awards

Session 3: ALL Level 6 & up Gymnasts

5:00 – Open Stretch

5:20- 8:00 – Competition

8:00 – Awards